

# LEVEL 1 OFFICIAL REQUIREMENTS CHECKLIST

Identify the requirements you completed and which ones still remain.

<b>1</b>	<input type="checkbox"/>	<p>Current US Lacrosse membership with Official participation</p> <p><a href="http://www.uslacrosse.org/membership/member-portal.aspx">http://www.uslacrosse.org/membership/member-portal.aspx</a> Join/Renew or sign in.</p>
<b>2</b>	<input type="checkbox"/>	<p>Complete the Online Rules and Penalty Course</p> <p><a href="https://learning.uslacrosse.org">https://learning.uslacrosse.org</a>. Login with your USL username and password. Search for the rules course in the catalog.</p> <p>Upon completion you are emailed a certificate.</p>
<b>3</b>	<input type="checkbox"/>	<p>Attend classroom training</p> <p>Your Certified Trainer will conduct the training for your area. Depending on where you live you may be scheduled into one class or several classes</p> <p>Contact your <a href="#">Sub-District Coordinator</a> for information on upcoming trainings.</p>
<b>4</b>	<input type="checkbox"/>	<p>Pass the Level 1 Field Evaluation</p> <p>No time limit. Should be completed as soon as possible after your classroom training. Local Certified Observer conducts the evaluation using the <a href="#">US Lacrosse Level 1 Evaluation Form</a>.</p>
<b>5</b>	<input type="checkbox"/>	<p>Pass either the NFHS rules test with at least an 80% on the US Lacrosse Central Hub.</p> <p>Tests are available at <a href="https://uslacrosse.arbitersports.com/front/108525/Test">https://uslacrosse.arbitersports.com/front/108525/Test</a>.</p>

Check with your [Sub-District Coordinator](#) to make sure your offline requirements are sent to US Lacrosse.