



US Lacrosse Rules Committee

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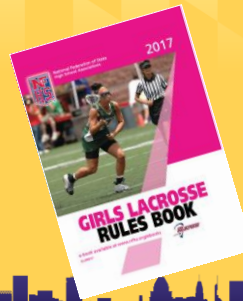
USL/NFHS Rules 2017



Rules Interpretations

Email: girlsrules@uslacrosse.org
 -Indicate “playing level” for question
 -Cite rulebook pages, if applicable

NFHS Rules Books



2017 Girls Lacrosse Rules Book available from:

- www.nfhs.com
- www.ohsaa.org
- www.uslacrosse.org

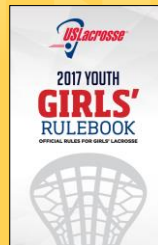
NFHS Rules E-Books



E-Books are available for purchase at:
www.nfhs.org/ebooks/

\$5.99 Apple or Android

Youth Rulebook



- *Included in USL membership if registered as Youth.
- *PDF online:
<http://www.uslacrosse.org/rules/girls-rules>

HS Rules Video and Officials Manual

Downloadable

- Arbiter – USL Central Hub
- US Lacrosse – “Rules”
“Officials Resources”



Rulebook Edit

Rule 1-1-4g Page 10

Below Goal Markings

“Two small circles (dots) 4-6” in diameter.....

Pre-game Stick Checks

Rule 2-4-1 Page 15

Pre-game stick checks include pocket and for alterations.

- Pressure shall still be applied once
- If the stick can be fixed and rechecked prior to start of game = no penalty
- If the stick cannot be fixed and rechecked prior to start of game = no penalty and stick goes to table

Stick Checks

- It is **NOT** the intent of the rules to measure every stick.
- Measurements in Appendix B are for support of suspected irregularities.



Requested Stick Checks

Rule 2-4-4 Page 15

- Requested Stick Checks (2)
 - Stoppage of game clock
 - Except injury or official's timeouts
 - Including immediately following goals in regulation and overtime
 - Must include player's number
 - Any stick in use on the field
 - Does NOT include sub box or bench area

Crosse Failure

Rule 2-5-2/3 Page 16

- Head becomes disconnected
 - During Throwing/Shooting/Draw/Cradle
 - Illegal and taken to the table
 - Play started with alternate possession
 - If a draw = re-draw
 - Not during Throwing/Shooting/Draw
 - No change of possession or alternate possession
 - Timeout may be taken

ASTM Headgear

Rule 2-7-3 Page 18

- ▶ Headgear Remains Optional
 - ▶ If player chooses, it must meet ASTM Standard F3137
 - ▶ No other headgear is allowed
 - ▶ Does not include decorative headbands, hair ties, ribbons, sweatbands

Headgear/Eyewear



Hummingbird



Cascade

Rulebook Edit

Rule 2-7-3 Page 18

“Further protective devices necessitated...”

The medical protective device allowance excludes all face masks and any protective head equipment that does not meet the current ASTM standard F3137.

Rulebook Edit

Rule 2-9-4 Page 20

“Jerseys shall be **of** contrasting colors...”

Uniforms

Rule 2-9-4 & 5 Page 20

- ▶ Reminder that beginning January 1, 2018:
 - ▶ Home teams shall wear light jerseys
 - ▶ Visiting team shall wear dark jerseys
 - ▶ Visible long/short undergarments
 - ▶ Must correspond with predominant jersey color....or
 - ▶ Be light with light jersey
 - ▶ Be dark with dark jersey
 - ▶ If worn, teammates must match

Rulebook Edit

Rule 5-2-3 Page 35

“A maximum of three players from each team may be between the restraining lines during the draw until **the whistle blows possession has been gained.**”

Draw Possession

Rule 5-2-3 Page 35

- ▶ No more than 3 players from each team may be between the restraining lines on a draw until:
 - ▶ Possession is gained
 - ▶ Ball goes out of bounds off a player or her stick
 - ▶ Ball crosses the restraining line
 - ▶ Whistle for a foul

Draw Possession

Rule 5-2-3 Page 35

- ▶ Possession:
 - ▶ Ball in crosse
 - ▶ Can perform normal functions of control
 - ▶ Cradle
 - ▶ Carry
 - ▶ Pass
 - ▶ Shoot

Draw Possession

Rule 5-2-3 Page 35

- ▶ Player causes the ball to go out of bounds prior to possession
 - ▶ Boundary ball = change of possession
- ▶ If the ball goes directly out of bounds on the draw
 - ▶ Re-draw

Draw Possession

Rule 5-2-3 Page 35

- ▶ Crossing the Restraining Line:
 - ▶ Ball may be played in the air before it crosses the RL
 - ▶ Stick may not be grounded
- ▶ The draw is completed when a bouncing or rolling ball:
 - ▶ Has touched the Restraining Line

Draw Possession Scenario

“ During a draw, can a player reach over the restraining line with her crosse and gain possession of the ball if it has not yet been “possessed” by one of the six players on the circle or taking the draw?

- ▶ Yes, provided she or her stick is not grounded.

Draw Possession Mechanic

▶ Official in closest proximity to the ball when draw is completed shall:

- ▶ Wind Arm
- ▶ Verbalize “Possession” or “Release”



Draw Possession

Rule 5-2-3 Page 35

• Crossing the restraining line prior to completion:

- ▶ Draw Violation
- ▶ Not a "Held Whistle"
- ▶ Penalty for illegal draw applies
- ▶ Penalty administration is at the center
 - ▶ Move 2 players... or
 - ▶ Take 2 closest to center
 - ▶ Take timeout if necessary

Draw Possession

Rule 5-2-3 Page 35

- ▶ Crossing the restraining line before possession (more than 3 players from a team) is a **DRAW** violation.
 - ▶ Illegal draw (A) **and** early entry by opponent(B) = redraw
 - ▶ Illegal draw (A) **and** foul (i.e. push) by opponent(B) = AP @ center
 - ▶ Illegal draw (A) **and** foul or early entry by same team(A) = FP @ center

Rulebook Clarification

Rule 7-1-2c,d,e Page 41

Goal Circle Rule

"They" refers to Goalkeeper and Deputy

Rulebook Edit

Rule 8-1 PEN SITUATION D Page 46

"The goalkeeper has moved outside her goal circle....ADD "and is above the goal line extended"

Body Ball

Rule 9-1-f Page 47

- ▶ Players may not allow any part of their bodies to deliberately impede, accelerate or change the direction of the ball **except:**
 - ▶ May kick it in a non-shooting attempt.
 - ▶ Dangerous play considerations still apply.

Rulebook Edit

Rule 9-PENALTIES-1 Page 48

After the first sentence.....ADD: "If the ball is in the critical scoring area below the goal line extended, the penalty shall be administered at the closest circle (dot)"

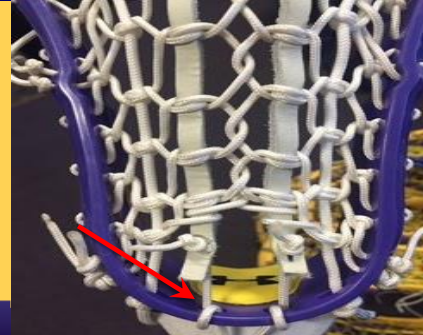
Dangerous/Illegal Shot

Rule 10-1-Note Page 53

- Dangerous shot - at goalkeeper
- Illegal shot- shooting on "indirect"
- Penalty administration shall be at 8m

Secondary Material

Appendix B-20 Page 81



Youth Cards

- Yellow Card = 2 Minutes
- Red Card = 4 Minutes